



# "ART, CONCILIENCE & COMPASSION PROJECT" SEMINAR

26-27-28 MAY 2023
PROGRAMME

SEMINAR
PRESENTED BY





The Vorres Museum, Paiania,
Greece

Address:
1 Parodos Diadochou
Konstantinou str, Paiania,
Attica, Greece







### **ABOUT THE WORKSHOP**

The workshop focuses on introducing, discussing and proposing resilience as a motor of reflection, which has important implications for artistic research, training and practice.

In the three days of interactive events:

- We analyze together ways of cooperation between the corporate and artistic worlds for a more sustainable future.
- We explore the relations between social responsibility and the art world.
- We support the artists and cultural operators, to effectively connect their work to the people.
- We work together guided by creative professionals in smaller groups on a specific theme/topic/subject of interest and/or a creative idea.
- We explore how artists and cultural organisations can effectively connect their creative work, actions and strategies with resilience and sustainability.
- Demonstrate how the resilience instinct can be applied in the arts so that people can find ways to care for humans, non-human and ourselves.
- We established dialogue and debate among professionals to find different forms and ways of combining science, art, ecopoetry, ecomusicology and cinema.
- We analyze opportunities and future trends and will seek together new ways of cooperation between artists, experts/researchers, social scientists to be more resilience and environmentally sustainable future.







## **WORKSHOP OUTCOMES**

The workshop "All of Nature one Stage" aims to use the human body and Nature as the main and maybe the only tool to create a performance as a way to awaken our empathy for Nature and the Cosmos, our feeling of belonging and our connection to ceremony and ritual as a form to create our "ancientfuture". A future that will be connected with all our relationships with all living beings so we can envision a new cosmogony. Under the umbrella of, Human Body & Nature, the themes that will be explored with the participants will be: metamorphosis, oneness, catharsis, ecstasy, ritual, mystical, timeless and ceremony. The workshop will lead to a short performance presented to the audience at the gardens of Vorres Museum.

The participants of the workshop "Mountain and Myths", will assemble in the basement, around a large table usually available for children's workshops. There will be introduction by the two collaborating artists on the object of the Seminar, which is the idea of building a window in order to look at the Mountain. Basic materials will be available and it will be asked to create a drawing on paper of the above concept. These drawings will be expedited to the highest point of the Vorres Estate where chairs will be waiting for the participants to sit facing opposite the Mountain of Hymettus. There, through a discussion with questions and answers, the idea of communicating with and looking into the matter of the Mountain will be elaborated to the point when every individual participant might complete his drawing with a short text.







## **WORKSHOP OUTCOMES**

The workshop "Bodies as Garden" A movement workshop "Bodies as Garden", invites children 7-9 years old, teenagers and adults + 65 years old regardless of their experience in dance. There will also be some free spaces for participating in the workshop for artists participating in the 3-day event (regardless of age). The workshop will be held in the gardens of Vorres Museum.

What is nature? Are you part of nature?

What happens when we spend time in a garden? How does our perception change?

How do our breaths grow a tree? How do the roots of plants vibrate in our bodies?

How do we relate to nature?

Through games, visual and sensory activities, physical and choreographic practices we will explore our relationship with nature. We will walk, observe, use organic materials from the garden, listen to our inner body, dance, play! Through collaborative and creative practices, we will explore this intergenerational symbiosis by creating interconnective and caring relationships.



# **AGENDA**

## 26 MAY (FRIDAY)

#### SESSION I

13:00 REGISTRATION

13:30 THE ART OF THINKING AT LEAST!
"ART, CONCILIENCE AND COMPASSION PROJECT"

OLGA DANIYLOPOULOU, Artdirector of Jannis Spyropoulos Museum

14:00 THE DILEMMA OF HUMANESS: THE ARTISTIC CREATION AND THE NEW PHILOSOPHICAL FACTS.

THANASSIS MOUTSOPOULOS, Assistant professor of History of Art, School of Architecture, National Technical University of Athens

15:00 LUNCH BREAK

15:30 EMPATHY IN MUSIC, ''...YOU TAUGHT US TO SEE THROUGH OUR EARS AND LISTEN THROUGH OUR HEARTS'' KHALIL GIBRAN

NIKOS VASSILIOU, Conductor, Pianist, Composer, Maestro, co-repetiteur for Greek National Opera GNO Former Head of Musical studies, Choir Master and Head of Opera Studio RSAMD grad, will be accompanied by flutist Evi Mazi

16:30 "MUSIC AND EMPATHY IN FILMS"

BERTHOLD BELL, Artist

THE J.F. COSTOPOULOS FOUNDATION AND THE ARTISTS

EIRHNH ORATI, Artdirector of Costopoulos Foundation

CLOSING OF DAY 1



## 27 MAY (SATURDAY)

#### SESSION I

13:00 REGISTRATION

14:00 THE ROLE OF ADVERTISING IN THE COMMERCIAL WORLD OF ANY CITY

MARILENA KARRA, Art Historian

14:30 AND NOW WHAT? POST-PANDEMIC ART INDUSTRY INSIGHTS FOR ARTISTS

ALIKI TSIRLIANGOU, Founder ArtSpark Consultants & Nitra Gallery (Thessaloniki / Athens)

15:00 LUNCH BREAK

#### SESSION II

15:30 THINKING ON THE END OF THE HUMANISED VIEW OF THE NATURE

Dr. GIORGOS DAVOS, Art critic

16:15 CLOUDS LIKE MOUNTAINS, THE ART OF ASCENDING

THRAFIA, Artist

16:45 HOW TO MURDER A MOUNTAIN

BERTHOLD BELL, Artist

17:30 MOUNTAINS AND MYTHS

Inspired from the two artists

CLOSING OF DAY 2



11:00

## 28 MAY (SUNDAY)

#### SESSION I

ANAMNESIS / REMEMBERING OUR ANCIENT FUTURE

APOSTOLIA PAPADAMAKI, Choreographer / Director, Embodied

Spirituality Mentor, Quasi Stellar AMKE

12:00 ALL OF NATURE ONE STAGE

Seminar

14:00 ALL OF NATURE ONE STAGE

Performance

15:00 LUNCH BREAK

#### SESSION II

15:30 BODIES AS GARDEN

Sonia Ntova, Maria Papadopoulou and Vera Karavakou, Dance Practitioners

16:30 INTERGENERATIONAL MOVEMENT WORKSHOP, BODIES AS GARDEN

18:30 SALUTATION FROM NEKTARIOS VORRES

CLOSING OF DAY 3



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